

Memorandum

To: Mayor and Council

From: Tom Baker, Town Administrator

Date: December 16, 2014

Re: LiveWell: Principles for New Castle

Purpose: The purpose of this item is to have a Council discussion regarding LiveWell and how the Town can use these principles to strengthen its philosophy.

Discussion: As you know, New Castle is the first HEAL (Healthy Eating and Active Living) community in Garfield County. What does it mean to us? Sharing of skills and friendship? Love of our community? Are there associations and affiliations to strengthen our resilience during difficulties? Recognizing excellence in achievements of health, gardening, mentoring, etc?

In a past email from Councilor Breslin he states, "I think it's important to articulate a strong ethic of community wellness..." (so another philosophy does not overtake us).

Request: Staff requests a Council discussion.